**SEALED. 1 Session 4 – THE MASS: Liturgy of the Word**

**Teen Reflection:**

1. From the YouCat readings about scripture and the Mass, what stands out most to you and why?

**Parent and Teen Reflection:**

1. We may sometimes feel like we are not deeply rooted in the Word of God (the Bible), but through our experience at Mass we know that we encounter God in scripture every Sunday. Parent(s), what is your experience with the Word of God?
2. Teens, from grade school or SRE formation, can you recall a parable or story about Jesus that had an impact on you? What is it? Why did it leave an impact?
3. Parents and teens, what are some practical ways to read and pray with God's Word more often as a family?