**SEALED. 2 Session 7 – Gifts of the Holy Spirit**

*Parents and teens please respond to the following questions and discuss your responses with one another. Teens will bring a hard copy of responses to our last meeting.*

**Teen Reflection:** List the seven gifts of the Holy Spirit. Right now in your life, which of the seven gifts of the Holy Spirit do you feel you need most? Why? Do you feel you are ready to receive the Sacrament of Confirmation? What are you looking forward to most about being a Confirmed Catholic?

**Parent Reflection:** Right now in your life, which of the seven gifts of the Holy Spirit do you feel you need most? Why? Where in your life do you see the Holy Spirit working?